

## God's Healing for the Whole Person L.A.P. Prayer Tips

### **LISTEN with your eyes, ears & heart**

- Be humble, show interest & genuine care - initial few minutes establishes compassion & trust.
- Let them get their needs out with minimal interruptions; only speak to clarify & seek to understand.
- Concentrate on information, names, body language; do not assume anything; many times what they originally ask for isn't the core prayer focus.
- Fight any anxiety/ideas about what to pray for, *so that* you can listen for what they want to ask God for!
- Be mindful of surroundings & sensitivity to personal information; move locations if needed.
- You may need to make short term provision for children in order to have a few minutes with parents.
- **While listening to the person, also listen for God's voice of what is most important as He guides you.**

### **ASK with concernment and compassion**

- Time to repeat back what they are asking for ... "Okay, (call them by name), I hear you saying that your back has been bothering you and you'd like us to ask God to heal you ... is that right?"
- Ask questions to help get more information, such as, "When did this start?" and "What was going on in your life around that time?"
- Follow up on what you notice, such as, "I noticed that when you mentioned this happened around the time you lost your job, you got pretty teary-eyed. Tell me a little more about that time." Tears, anger, anxiety; anything that changes in their mood, eye contact or reaction when they talk.

### **PRAY with faith and boldness**

- If the issues are complex, you may suggest praying into *one* specific area which appears the most significant and recommend follow up which could include Christian counseling – access [www.faithstl.org/care](http://www.faithstl.org/care) for resources.
- As appropriate, review James 5:13-15 and allow time for a confession before praying; take a couple minutes of silence before you pray to hear from God (tell them you're doing this).
- When praying for physical healing, anointing oils can be used and allow the person to anoint; appropriate touch.
- Pray in faith and humility, but boldly ask God to move on their behalf - you are praying in agreement together; keep your eyes/senses open to detect any reactions such as tears, facial expressions, head nods, heat, etc. Feel free to stop & ask how they are feeling or if they feel any different. Jesus did! Resume praying.
- Our Father wants His children well! Don't wimp out with prayers that retreat from this, such as, "If it is your will." Ask for whatever they need! It may be pain to be gone, salvation, courage, strength, peace, restoration, comfort. We pray for healing until they are healed, Jesus comes back or they go to heaven. Healing may be immediate, longer term or in stages, or not this side of heaven.

## Healing Scriptures

- *“Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.”* Hebrews 4:15-16
- *“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”* Philippians 4:6-7
- *“O Lord my God, I called to you for help and you healed me.”* Psalm 30:2
- *“Surely He took up our infirmities and carried our sorrows, yet we considered Him stricken by God, smitten by Him and afflicted. But He was pierced for our transgressions, He was crushed for our iniquities, the punishment that brought us peace was upon Him, and by His wounds we are healed.”* Isaiah 53:4-5
- *“He himself bore our sins in His body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed.”* 1 Peter 2:24
- *“So they set out and went from village to village, proclaiming the good news and healing people everywhere.”* Luke 9:6
- *“He welcomed them and spoke to them about the kingdom of God, and healed those who needed healing.”* Luke 9:11
- *“One day as He was teaching, Pharisees and teachers of the law, who had come from every village of Galilee and from Judea and Jerusalem, were sitting there. And the power of the Lord was present for him to heal the sick.”* Luke 5:17
- *“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’* 2 Corinthians 12:9
- *“I am the Lord, who heals you.”* Exodus 15:26
- *“And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven.”* James 5:15